

## Belegung Vereinszimmer

| Uhrzeit | Montag        | von   | bis   | Dienstag         | von   | bis   | Mittwoch    | von   | bis   | Donnerstag    | von   | bis   | Freitag         | von   | bis   | Samstag | von | bis | Sonntag   | von   | bis |  |  |  |  |
|---------|---------------|-------|-------|------------------|-------|-------|-------------|-------|-------|---------------|-------|-------|-----------------|-------|-------|---------|-----|-----|---|-------|-----|--|--|--|--|
| 9.00    |               |       |       |                  |       |       |             |       |       | Fit i.d. Tag  | 9.00  | 10.00 |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 10.00   |               |       |       |                  |       |       | Osteoporose | 10:00 | 11:00 | Krabbelturnen | 10.00 | 11.00 |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 11.00   |               |       |       |                  |       |       |             |       |       |               |       |       |                 |       |       |         |     |     | Karate  | 11:00 | ?   |  |  |  |  |
| 12.00   |               |       |       |                  |       |       |             |       |       |               |       |       |                 |       |       |         |     |     | 25.09.2021<br>8:00 - 15:00 Uhr<br>Abt. Turnen<br>Kampfrichter-ausb. |       |     |  |  |  |  |
| 13.00   |               |       |       |                  |       |       |             |       |       |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 14.00   |               |       |       |                  |       |       |             |       |       |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 15.00   |               |       |       |                  |       |       |             |       |       |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 16.00   | Krabbelturnen | 16:00 | 17:00 |                  |       |       | WS III      | 16:00 | 17:00 |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 17.00   | Krabbelturnen | 17:00 | 18:00 |                  |       |       | WS II       | 17:00 | 18:00 |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 17.15   |               |       |       |                  |       |       |             |       |       | Feierabend    | 17:15 | 18:15 |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 18.00   | Hatha Yoga    | 18:00 | 19:30 |                  |       |       |             |       |       | Workout       |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 18:30   |               |       |       |                  |       |       | WS I        | 18:30 | 19:30 |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 18:45   |               |       |       | Gymn. Breitensp. | 18:45 | 19:45 |             |       |       |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 19.00   |               |       |       |                  |       |       |             |       |       |               |       |       | Karate (Ferien) | 19:00 | 21:00 |         |     |     |   |       |     |  |  |  |  |
| 19:45   | Bodyfitness   | 19:45 | 20:45 |                  |       |       |             |       |       | Karate        | 19:45 | 22:00 |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 20:00   |               |       |       | Extreme Fitness  | 20.00 | 21.00 | belegt      | 20:00 | 22:00 |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 21:00   |               |       |       |                  |       |       | ganzzjährig |       |       |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |
| 22:00   |               |       |       | Karate (Ferien)  | 18.00 | 20.00 |             |       |       |               |       |       |                 |       |       |         |     |     |   |       |     |  |  |  |  |